

What are Punishers for Your Child?

Positive Punishers	Behaviors that Decrease	Usefulness Evaluation
Wiping the floor	Throwing food from the table	Seems to have worked-my child no longer throws food
Lecturing my child	Yelling in the house	Doesn't seem to work for long
Picking up toys	Throwing toys out of the toy box	This seems to work-now my child just moves the toys in the toy box when looking for a new toy
Negative Punishers	Behaviors that Decrease	Usefulness Evaluation
Taking away television time for a week	Hitting others	Seemed to work the first day but did not afterwards
Putting a toy out of reach	Fighting with his sister over the toy	This seemed to work when we put the toy in time-out. They now take turns
Making the child clean his room	Throwing things around and knocking over stuff	My child got frustrated and just cried-cleaning his room seemed overwhelming to him