Break It Down -Helpful Hints Cue Cards

Assign one person to "act out" a statement, while the rest of the group determines how the speaker really feels by examining: 1) Body language 2) Facial expression 3) Tone of voice.

The instructor should cut cue cards ahead of time and distribute to appropriate "actors." Only the "actors" should have cue cards.

"Where is Kevin? He should be here by now."



Angry



Concerned

(Hint: Act as if you are Angry; then Concerned)

"In History class, we are doing a project on 1960's Rock and Roll."



Aggravated



Enthusiastic

(Hint: Act as if you are Aggravated; then Enthusiastic)

"My boss is sending me to the training conference in Durham tomorrow."



Excited



Disappointed

(Hint: Act as if you are Excited; then Disappointed)

"Hey, look at those cafeteria tables."



Disgusted



Satisfied

(Hint: Act as if you are Disgusted; then Satisfied)



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Extensions:

"There will be a lot of people at the party tomorrow." "Lauren was voted 'Best Artist' in my school."







Anxious

(Hint: Act as if you are Anxious; then you choose the second emotion to act)

(Hint: You choose the emotions to act)